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The role of lipoic acid in the protection against of metallic pollutant effects in the shrimp *Litopenaeus vannamei* (Crustacea, Decapoda)

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ABSTRACT

The effects of cadmium (Cd) and arsenic (As), dosed alone or in combination have been poorly investigated in crustaceans. Besides, it is not known if dietary supplementation of exogenous antioxidants, like lipoic acid (LA), might prevent or even reverse toxic effects of Cd and As. The objective of the present study was to evaluate the role of lipoic acid in modulating biochemical responses after Cd and As exposures in *Litopenaeus vannamei*. Muscle from shrimp exposed to Cd alone or Cd + As showed a decrease in glutathione (GSH) levels, while the pre-treatment with LA reversed this situation. In this tissue, the pre-treatment with LA also induced an increase in glutathione-S-transferase (GST) activity in all groups.

In hepatopancreas it was observed a marked accumulation of Cd and As, a decrease in the reactive oxygen species (ROS) concentration in response to Cd exposure alone (-LA); concomitant in the same group it was observed an increment of metallothionein-like content. As exposure induced an increase in GSH levels but LA reversed this increase. Also, LA showed to increase the GST activity in all groups treated. Besides, in this organ LA showed to augment total antioxidant competence. Obtained results indicate that LA can be used as a chemo-protectant against oxidative insults in shrimp.

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1. Introduction

The Patos Lagoon estuary is a potential shrimp culture area in Southern Brazil. This region is partly contaminated by As and Cd associated to activities of local fertilizer factories (Mirlean and Roisemberg, 2006), potentially representing a risk for accumulation in aquatic organisms and exposure of humans through food consumption (Hossain, 2006; Chang et al., 2009). The Pacific white shrimp *Litopenaeus vannamei* (Crustacea; Decapoda) is an important species for human consumption, but few data are available on its sensitivity to cadmium and/or arsenic.

Cadmium can induce oxidative stress in shrimp, as observed in haemocytes and hepatopancreas cells of *L. vannamei*, where this element caused a time and dose-dependent respiratory burst increase, leading to overproduction of reactive oxygen species (ROS), release

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of Ca²⁺ from sarcoplasmatic reticulum, activation of endonucleases and DNA damage (Chang et al., 2009).

Cadmium toxicity is also related to modulation of antioxidant system and redox state of cells, modification in protein structure, lipid peroxidation and altered expression of various proteins (Soares et al., 2008). On the other hand, cadmium is a well known inducer of metallothioneins (MTs), low molecular weight proteins, rich in cysteine moieties with metal-binding and ROS-scavenging capability (Viarengo et al., 1997; Anderson et al., 1999).

Modulation of glutathione (GSH) metabolism seems a typical response to As exposure, probably mediated by the activation of the transcription factor Nrf2 which, through its interaction with the antioxidant response element (ARE) controls the transcription of a battery of antioxidant and detoxification genes including glutamate-cysteine ligase (GCL), glutathione-S-transferase (GST), heme-oxigenase-I (Wang et al., 2007). In some species the modulation of GSH system is sufficient to neutralize pro-oxidant challenges, while in others oxidative damages will still appear. In fact, in gills of *Danio rerio* after arsenic exposure it was observed that there was an increase of GSH levels concomitantly with a higher GCL activity, the key enzyme in the synthesis of GSH (Ventura-Lima et al., 2009a), while in liver of *Carassius auratus* the increase of GSH levels could not prevent the appearance of oxidative

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effects of arsenic (Bagyuokova et al., 2007). Less investigated are pro-oxidant effects of arsenic in shrimp or other crustacean species.

Some studies have shown that the administration of exogenous antioxidants can prevent oxidative damage and stimulate the immune system in mammals and aquatic animals (Sant'Ana and Mancini-Filho, 2000; Hsieh et al., 2008). Among these, the redox pair, lipoic acid (LA) and its reduced form dihydrolipoic acid (DHLA) are powerful compounds, with amphipathic characteristics, able to quench free radicals, chelate metals and regenerate other antioxidants (Packer et al., 1995). The fish *Corydora paleatus* supplemented with LA in food, exhibited a decrease of ROS concentration and increase of GST activity in brain, suggesting that LA can improve the detoxification capacity acting as a neuroprotector; besides LA showed to decrease the levels of oxidized proteins in muscle, improving the antioxidant capacity of the animal (Monserrat et al., 2008).

Few is known about the effect of LA in shrimp and the potential chemoprotector effect against metallic pollutant such as Cd and As. So, the potential benefits and chemo-protective effects of LA in *L. vannamei* were evaluated in shrimp exposed to high concentrations of the prooxidant elements cadmium and arsenic dosed alone or in combination. The choice of this high concentration to both metals was an attempt to induce characteristic responses of Cd and As and in this way to observe the role of lipoic acid as a possible chemo protectant against metallic pollutants effects. The period of exposure was fixed in two days because previous studies have shown that this time is sufficient to induce biochemical responses in some aquatic organisms after Cd or As exposure (Ventura-Lima et al., 2009a; Dabas et al., 2012).

So, the main objectives of this study were to evaluate: (1) the biochemical responses of cadmium and arsenic using biomarkers of oxidative stress in muscle and hepatopancreas of *L. vannamei*; (2) the benefits of LA pretreatment in prevention or reversion of oxidative effects of metals; (3) the benefits of LA added to the diet in terms of antioxidant capacity of muscle and hepatopancreas.

2. Materials and methods

2.1. Maintenance of shrimp and experimental design

Shrimp were obtained from Estação Marinha de Aquacultura (EMA), Instituto de Oceanografia, Universidade Federal do Rio Grande-FURG (Rio Grande, Brazil), and transferred to the Instituto de Ciências Biológicas (ICB) of the same University and acclimated in tanks under controlled parameters (pH around 8.0; salinity 30%, photoperiod 12L:12D, feeding twice at day) at least during 15 days before the beginning of experiments. After this period, the shrimp were divided in two experimental groups: 1) organisms exposed for 2 days only to 1 mg/L of Cd, or 1 mg/L of As, or 1 mg/L of Cd + 1 mg/L of As (Cd as CdCl₂·H₂O from Merck; As^{III} as NaAsO₂, from VETEC; both PA grade), and 2) organisms that received during four weeks a lipoic acid-enriched diet (70 mg LA/kg of body mass) before exposure during 2 days to various combinations of Cd and/or As. A group exposed only to LA during four weeks also was ran in parallel.

2.2. Experiments with lipoic acid

Thirty shrimp were randomly placed in aquaria and received or not lipoic acid (+LA and -LA, respectively) through diet during four weeks. The food was prepared according to Monserrat et al. (2008), using commercial ration (Purina, 45% of crude protein) enriched with lipoic acid (Sigma, USA), mixed with ultrapure water and dried at 50 °C to obtain pellets. The LA concentration utilized in this study was 70 mg/kg of body mass provided twice per day with a daily supply of 1% of body weight (Samuel et al., 2004). Every week, the shrimp were measured to adjust the LA concentration and diet quantity according to their weight increase. The control group received only commercial diet prepared with the same procedure but without adding LA. After

4 weeks, the shrimp were exposed to cadmium and/or arsenic as previously described.

2.3. Determination of total cadmium and arsenic

Arsenic and cadmium were determined following previously validated procedures only in the experimental groups exposed to metals without pre-treatment with lipoic acid (Fattorini et al., 2008). Samples were digested under pressure with nitric acid and hydrogen peroxide (5:1) using a microwave, and the elements were analyzed by atomic absorption spectrophotometry, with flame (Varian, SpectrAA 220FS) and electrofurnace atomization with Zeeman effect (Varian SpectrAA 240Z). For all chemical analyses, quality assurance and quality control were checked by processing blank and reference standard materials (Mussel Tissue Standard Reference Materials [SRM] 2977, National Institute of Standards and Technology). The concentrations obtained from these SRM were always within the 95% confidence intervals of the certified values. Cd and As tissue concentrations were expressed as $\mu g/g$ dw (means values \pm standard deviation, n=5 for each tissue).

2.4. Preparation of samples for biochemical analyses

Muscle and hepatopancreas organs were dissected and homogenized (1:4 p/v) in buffer containing 100 mM Tris–HCl, 2 mM EDTA, 5 mM MgCl₂, 0.05 mM PMSF and pH 7.75, centrifuged at 10,000 g for 20 min at 4 °C, and the supernatant used for antioxidant measurements. Total proteins in the samples were measured following Biuret method utilizing microplate reader (Biotel EL×800). Only determination of ROS concentration was performed with fresh tissue. For the other measurements, aliquots of the supernatants were stored at -80 °C.

2.5. Reactive oxygen species (ROS) measurement

After dissection, muscle and hepatopancreas were immediately homogenized in cold buffer and centrifuged (10,000 g, 20 min). The supernatants were kept, the protein concentration determined and then adjusted to a final concentration of 2 mg/mL. For ROS quantification 2'7'-dichlorofluorscein-diacetate ($H_2DCF-DA$) was utilized which generates a fluorochrome detected at 485/520 nm wavelength for excitation and emission respectively (Ferreira-Cravo et al., 2007).

2.6. Activity of glutathione S-transferase

GST (EC 2.5.1.18) activity was based on methodology described by Habig and Jakoby (1981) where the absorbance generated by the conjugation of 1 mM glutathione (GSH, Sigma-Aldrich) with 1 mM of 1-chloro-2,4-dinitrobenzene (CDNB, Sigma-Aldrich) was monitored at 340 nm.

2.7. Reduced glutathione (GSH) levels

This analysis followed the methodology described by White et al. (2003), measuring the reaction of GSH with naphthalene dicarboxialdehyde (NDA, Invitrogen) that forms cyclized products (GSH-NDA) with high fluorescence detected in microplate reader (Victor 2, Perkin Elmer) at 485/530 excitation/emission wavelengths respectively.

2.8. Antioxidant capacity against peroxyl radical

This analysis was performed through the generation of peroxyl radical by thermal decomposition of ABAP (2,2'-azobis (2 methylpropionamidine) dihydrochloride) at 35 °C (Winston et al., 1998) that reacts with H₂DCFDA after de-acetylation of this probe and, after ROS oxidation, forms a fluorescent compound (DCF), detected at 485/530 nm for excitation/emission in a microplate reader (Victor 2,

Perkin Elmer). Total fluorescence generation was measured along 30 min, adjusting the fluorescence data to a second order polynomial function. The total antioxidant capacity against peroxyl radical was quantified by the relative area with and without ABAP where high relative fluorescence area indicates low antioxidant competence, once high fluorescence levels were obtained after addition of ABAP meaning low capacity to neutralize peroxyl radicals (Amado et al., 2009).

2.9. Lipid peroxides

Oxidative damage was analyzed following the protocol described by Oakes and Van Der Kraak (2003). Lipid peroxides were measured as thiobarbituric acid reactive substances (TBARS) by a fluorimetric method at 520/580 nm for excitation/emission wavelengths. The results were expressed as nmol TBARS/mg of protein using tetramethoxypropane (TMP, ACROS organics) as standard.

2.10. Determination of metallothionein-like (MT-L) proteins content

The organs of shrimp exposed to Cd (with and without LA pre-treatment) were homogenized in a specific buffer (sucrose 500 mM, Tris–HCl 20 mM, PMSF 0.5 mM and β -mercaptoethanol 0.01%, pH 8.6). The concentration of metallothioneins in the homogenates was performed by spectrophotometry (405 nm) using DTNB (5,5-dithio-bis 2 nitrobenzoic acid; Sigma-Aldrich) (Viarengo et al., 1997). Results were expressed in terms of GSH equivalents (μ mol GSH/g of tissue wet mass) using GSH standard solutions for the calibration curve.

2.11. Statistical analysis

Statistical differences between various parameters were analyzed through analysis of variance (ANOVA). Pos hoc comparisons were made using Newman–Keuls test or orthogonal contrast. A factorial ANOVA was run for all variables taking as factor the treatments (control, Cd, As and Cd + As) and pre-treatment with or without LA. Statistical requirements (assumptions of normality and variance homogeneity) were previously analyzed and mathematical transformation applied when necessary (Zar, 1984). In all cases significance level was fixed in 5%.

3. Results

Organ concentrations of arsenic and cadmium did not reveal any significant bioaccumulation in muscle of exposed shrimp (p < 0.05), while these elements were markedly accumulated in hepatopancreas (p < 0.05) (Table 1). In this organ, arsenic concentrations exhibited similar values in organisms exposed to the metal dosed alone or in combination with cadmium; on the other hand, cadmium accumulation was significantly lowered by the contemporary exposure to arsenic when compared to organisms treated with cadmium alone (Table 1).

ROS concentration did not vary (p>0.05) in muscle after exposure to various combinations of metals independently of the pre-treatment (+LA or -LA) (Fig. 1a). A significant decrease of ROS was observed in hepatopancreas of the control organisms supplemented with lipoic acid (+LA) compared to the control group without LA (p<0.05) (Fig. 1b); a similar effect was obtained in shrimp after Cd exposure when compared with the control (-LA) (p<0.05).

The pre-treatment with lipoic acid (+LA) increased GST activity in muscle during all treatments when compared with respective LA groups (p < 0.05), with the only exception of Cd + As co-exposure (Fig. 2a). Also in hepatopancreas pre-treatment with LA resulted in increased enzymatic activity in all groups (p < 0.05), except in organisms exposed only to Cd (Fig. 2b).

GSH concentration in muscle decreased in shrimp not pre-exposed to LA and treated with Cd (p < 0.05), while this result was reversed by pre-treatment with LA (p < 0.05). LA induced an increase in GSH

Table 1 Arsenic and cadmium concentrations ($\mu g/g$ dry mass) in hepatopancreas and muscle of *L. vannamei* exposed during two days to As and/or Cd (1 mg/L) dosed alone or in combination.

Treatment		Total arsenic	Total cadmium
Control	Muscle Hepatopancreas	$\begin{array}{c} 0.616 \pm 0.214^{a} \\ 2.11 \pm 0.26^{b} \end{array}$	$\begin{array}{c} 0.012\pm0.004^{a} \\ 0.53\pm0.05^{b} \end{array}$
Cadmium	Muscle Hepatopancreas	$\begin{array}{l} 0.447\pm0.147^a \\ 3.32\pm1.58^b \end{array}$	0.338 ± 0.060^{a} $67.39 \pm 12.82^{b*}$
Arsenic	Muscle	1.036 ± 0.222^a	0.010 ± 0.002^a
	Hepatopancreas	$7.97 \pm 1.49^{b*}$	1.04 ± 0.45^{b}
Cd + As	Muscle	1.180 ± 0.27^{a}	0.318 ± 0.028
	Hepatopancreas	$6.32 \pm 1.58^{b^*}$	$20.6 \pm 7.85^{b*\#}$

Concentrations are expressed as means \pm standard deviation (n = 3). Different letters indicate significant differences between tissues. Asterisks (*) indicate values differ significantly from those in the control group and hash marks (#) indicate differences between group exposed to mixture of Cd and As when compared with group exposed only to Cd.

levels also in organisms exposed to Cd + As (p < 0.05) (Fig. 3a). In the hepatopancreas of shrimp exposed only to As it was verified an increase in GSH levels when compared with control group without LA (p < 0.05). Interestingly, LA pre-treatment reversed this effect (p < 0.05). Also the +LA control group showed higher GSH levels than - LA control group (p < 0.05) (Fig. 3b).

No variation of total antioxidant competence against peroxyl radicals was observed in muscle independent of treatment (p < 0.05; Fig. 4a). However, in hepatopancreas an increase of total antioxidant capacity (lower relative area) was observed after pre-treatment with LA in the control and Cd + As groups compared with the same groups without LA (p < 0.05) (Fig. 4b).

Metal exposures (Cd, As and Cd + As) did not induce any change in terms of TBARS content (p > 0.05) in muscle of *L. vannamei*, but all LA pre-treated groups showed a marked decrease of TBARS levels

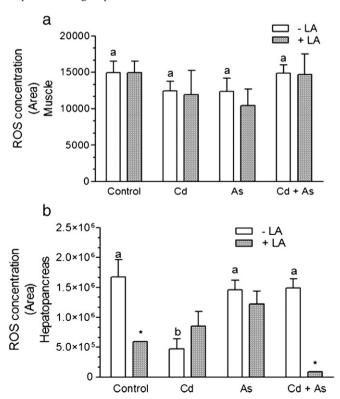


Fig. 1. Reactive oxygen species (ROS) concentration (expressed by area). (a) Muscle; (b) hepatopancreas. Different letters indicate significant differences (p < 0.05) compared to control group (-LA). Asterisks (*) indicate significant difference (p < 0.05) between group pre-treated with LA (+LA) when compared with same treatment without LA (-LA). Data are expressed as mean \pm 1 standard error (n = 4–6).

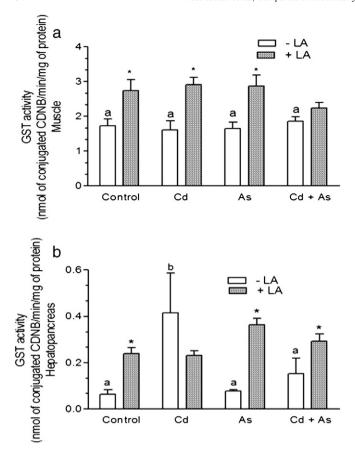


Fig. 2. Glutathione-S-transferase (GST) activity (expressed by nmol conjugated CDNB/ min/mg of protein). (a) Muscle; (b) Hepatopancreas. Different letters indicate significant differences (p < 0.05) compared to control group (-LA). Asterisks (*) indicate significant difference (p < 0.05) between group pre-treated with LA (+LA) when compared with same treatment without LA (-LA). Data are expressed as mean \pm 1 standard error (n = 3–6).

(p < 0.05) (Fig. 5a). Similar effects were not observed in hepatopancreas (p > 0.05) (Fig. 5b).

Metallothionein-like proteins were not significantly changed in muscle after Cd exposure compared with control group independent of treatment with LA (p > 0.05) (Fig. 6a). In hepatopancreas of shrimp not pre-treated with LA, higher levels of metallothionein like were measured after Cd exposure compared with control group without LA (p < 0.05), while the administration of LA reverted this result (p < 0.05), but caused significantly higher levels of MTs in the control group (+LA) when compared with respective —LA control organisms (p < 0.05) (Fig. 6b).

4. Discussion

Relatively few studies have compared accumulation of metals in shrimp organs (Frías-Espericueta et al., 2009) and our study demonstrated a significant increase of As and Cd only in hepatopancreas; the lack of accumulation in muscle of exposed organisms (Table 1) has important implications considering that these organs are those primarily consumed by humans.

Even though Cd and As are known to induce adverse effects in aquatic organisms, no oxidative toxicity was caused by these metals on shrimp organs. In fact a decreased ROS concentration was measured in hepatopancreas of shrimp exposed to Cd alone when compared with the control group (—LA) (Fig. 1b); this effect was not obtained in organisms co-exposed with As which, however, also exhibited a more limited cadmium accumulation. Contrasting with our findings, Cd was shown to induce the production of reactive oxygen species in digestive gland of mussel *Crenomytilus grayanus* (Chelonin et al., 2005) and in haemocytes

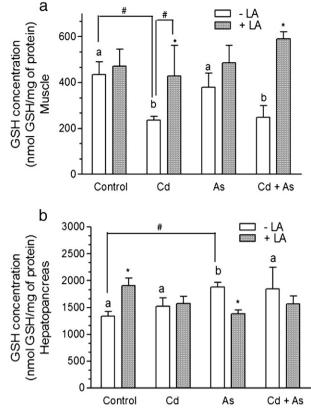


Fig. 3. Glutathione reduced (GSH) content (expressed as nmol GSH/mg of protein). (a) Muscle; (b) hepatopancreas. Different letters indicate significant differences (p < 0.05) compared to control group (—LA). Asterisks (*) indicate significant difference (p < 0.05) between group pre-treated with LA (+LA) when compared with same treatment without LA (—LA). Hash (#) indicates significant differences (p < 0.05) between treatments connected by solid lines. Data are expressed as mean \pm 1 standard error (n = 3–6).

of gastropod *Haliotis tuberculata* (Latire et al., 2012), while a decrease of ROS concentration after Cd exposure has been associated to induction of metallothioneins in hemocytes of *Crassostrea virginica* (Roesijadi et al., 1997)

Also in our study the decrease of ROS concentration in hepatopancreas of Cd exposed shrimp was paralleled by an increase in MT-L levels (Fig. 6b), suggesting that thiolic groups can both bind the metal and scavenge produced ROS. Another pathway of Cd detoxification is suggested by the significant increase of GST activity (Fig. 2b) which, through conjugation reactions with GSH, further contributes to reduce Cd reactivity. Increased GST after Cd exposure was observed in liver, gills and olfactory tissues of *Oncorhynchus kisutch* (Espinoza et al., 2012), and in liver, gills and kidneys of freshwater fish *Chana punctatus* (Dabas et al., 2012). Reduced ROS concentration, enhanced levels of MTLs and GST are consistent with the absence of lipid peroxidation damages observed in tissues of Cd exposed shrimp (Fig. 5b).

Reduced glutathione is typically present in high concentration within cells (up to 10 mM), being a major contributor to maintain cell redox state (Halliwell and Gutteridge, 2007). Besides, acting as substrate for antioxidant enzymes, GSH also prevents protein thiol groups from oxidation. In this study no variations in terms of GSH levels were observed in hepatopancreas after Cd exposure, while a significant decrease was measured in muscle (Fig. 3a), indicating for these organs a potentially higher susceptibility to oxidative damages which, however, did not appear after 48 h exposure (Fig. 5a).

Very limited oxidative responses were also caused in shrimp by acute exposure to As, revealing only a significant increase of GSH levels in hepatopancreas (Fig. 3b) when compared with control groups (—LA). A similar result was observed in gills of *D. rerio* and liver of *Cyprinus carpio*

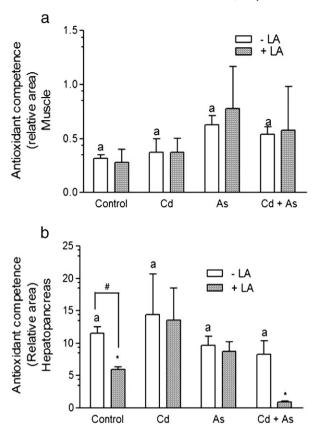


Fig. 4. Antioxidant competence against peroxyl radicals (expressed by relative area). (a) Muscle; (b) hepatopancreas. Different letters indicate significant differences (p < 0.05) compared to control group (-LA). Asterisks (*) indicate significant difference (p < 0.05) between group pre-treated with LA (+LA) when compared with same treatment without LA (-LA). Hash (#) indicates significant differences (p < 0.05) between treatments connected by solid lines. Data are expressed as mean \pm 1 standard error (n = 4–6).

after 48 h of arsenic exposure (Ventura-Lima et al., 2009a, 2009b) and also in mammalian cells that concomitantly enhanced GCL activity, the key enzyme involved in GSH synthesis (Schuliga et al., 2002). These results suggest that increased GSH levels could be an early response to As exposure, likely offering protection against As toxicity.

Some studies have shown that treatment with antioxidants can improve the growth ratio, immune responses and resistance of shrimp against pathogens (Chang et al., 2012), but a limited knowledge is available on potential effects in terms of protection against chemical pollutants. Similar information would be of particular value for farmed shrimp that are susceptible to such environmental stressors, potentially leading to oxidative stress diseases. In addition, the use of antioxidants through the feed might also improve the antioxidant capacity of shrimp and increase the quality of the product.

Among such compounds, lipoic acid is known as a powerful antioxidant due to its ability of being a ROS scavenger, regenerate other endogenous antioxidants, metal chelating activity and expression of key antioxidant enzymes (Goraca et al., 2011). The treatment with LA has been shown to enhance the antioxidant responses in rat liver after Cd exposure (Sumathi et al., 1996), but similar effects remain unexplored for aquatic organisms.

In this study, pre-treatment with LA caused a significant decrease of ROS concentration in hepatopancreas of control organisms (+LA) and in those exposed concomitantly to Cd and As (Fig. 1b). The antioxidant competence against peroxyl radicals was increased in the same groups (Fig. 4a), suggesting that LA can act as a scavenger of these specific ROS; interestingly, these effects were not observed in the groups exposed separately to Cd or As, confirming that chemical mixtures can provoke oxidative effects different from those expected by individual

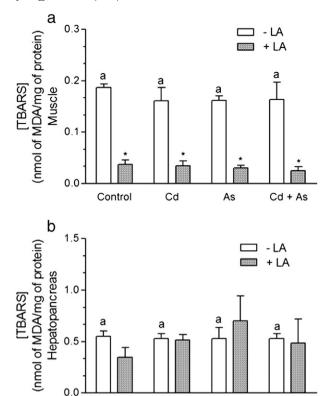


Fig. 5. Thiobarbituric acid reactive substance (TBARS) content (expressed as nmol of MDA/mg of protein). (a) Muscle; (b) hepatopancreas. Different letters indicate significant differences (p < 0.05) compared to control group (-LA). Asterisks (*) indicate significant difference (p < 0.05) between group pre-treated with LA (+LA) when compared with same treatment without LA (-LA). Data are expressed as mean \pm 1 standard error (n = 4–6).

Cd

As

Cd + As

Control

chemicals (Regoli et al., 2005; Benedetti et al., 2007, 2009). A decrease of ROS concentration was previously reported in brain of *C. paleatus* after four weeks treatment with LA through feed (Monserrat et al., 2008), suggesting that the same properties that make of LA a power antioxidant in mammals system can also be applied to aquatic organism as scavenger of ROS.

Pre-treatment with LA improved the antioxidant capacity of shrimp at least partly by increasing the GSH levels in hepatopancreas (Fig. 3b); the same effect, caused by exposure to As alone, was reversed by pre-treatment with LA. Arsenic is known to promote the nuclear migration of transcriptional Nrf2 factor, promoting the expression of a gene battery for antioxidant and detoxification enzymes including GCL, responsible for GSH synthesis (Wang et al., 2007; Jiang et al., 2009). Arsenic exposure enhanced GSH levels in mammalian cells trough Nrf2 expression (Pi et al., 2008) and by acting as an As-chelator, LA would prevent the Nrf2-mediated modulation of GSH metabolism.

In muscle GSH levels were lowered after Cd and Cd + As exposures (Fig. 3a), consistent with metal binding to thiolic groups. Our results showed that pre-treatment with LA can revert this effect maintaining basal levels of GSH, and confirming the metal-chelating ability of this antioxidant which prevents the interaction of Cd with GSH. Similar to our findings, Sumathi et al. (1996) observed decreased GSH content in liver and kidney of rats exposed to Cd, and restored levels after treatment with LA.

The GSTs are involved in oxidative protection and metabolism of xenobiotics through GSH conjugation. In our study, LA enhanced these enzymatic activities in muscle and hepatopancreas of shrimp (Fig. 2a and b, respectively), supporting the utility of LA to improve the detoxification capacity and resistance against pollutant toxicity in different organs of aquatic organisms. Previous results indicated that pre-treatment

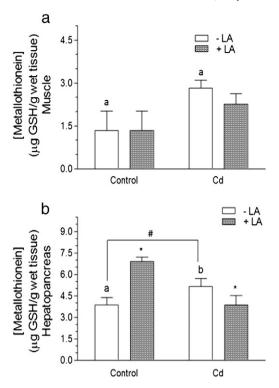


Fig. 6. Metallothionein-like content (expressed as μ g GSH/mg of wet tissue). (a) Muscle; (b) hepatopancreas. Different letters indicate significant differences (p < 0.05) compared to control group (-LA). Asterisks (*) indicate significant difference (p < 0.05) between group pre-treated with LA (+LA) when compared with same treatment without LA (-LA). Hash (#) indicates significant differences (p < 0.05) between treatments connected by solid lines. Data are expressed as mean ± 1 standard error (n = 4-6).

of fishes with LA caused a stimulation of GST activity in brain and liver of C. carpio exposed to hepatotoxin microcystin (Amado et al., 2011) and in brain of C. paleatus (Monserrat et al., 2008). This study revealed that LA enhanced also the levels of MT-L in control organisms, further increasing the antioxidant and detoxification capacity of hepatopancreas (Fig. 6b). Although gene expression was not measured in shrimp, the increase of both GST activity and MT-like levels could be dependent on modulation of Nrf2 by LA. Some antioxidants have the potential to activate Nrf2 and expression of genes containing antioxidant-responsive elements (ARE). In hepatocyte cell lines the pre-treatment with guercetin increased MT levels through this pathway and a similar result was observed in HepG2 cells treated with LA (Weng et al., 2011). On the other hand, the hepatopancreas of shrimp pre-treated with LA and then exposed to Cd exhibited a decrease in MT-like levels when compared to the group exposed only to Cd (Fig. 6a). This result could be caused by the interaction between LA and Cd, the first becoming less available to induce Nrf2 expression; however, more studies are necessary to confirm this hypothesis.

No oxidative damage was highlighted in this study in terms of lipid peroxidation, and the pre-treatment with LA caused a marked decrease of TBARS in the muscle of either control and exposed organisms (Fig. 5a). Treatment with LA was previously shown to reduce the oxidized protein levels in the muscle of fish *C. paleatus*, compared to control group that did not receive LA (Monserrat et al., 2008), indicating the effectiveness of this antioxidant in reducing oxidative stress parameters, this peculiarity is important for an organ like muscle, which is the edible portion of *L. vannamei*, a broadly framed species in aquaculture.

Although the limited knowledge of LA effects on shrimp species such as *L. vannamei*, the results from this study suggest various antioxidant properties of this compound: its supplementation through diet appeared to have chelating metal properties lowering bioavailabity of Cd and As, ROS-scavenging efficiency, and the capability to improve antioxidant and detoxification capacities. These data suggest that diets

rich in lipoic acid are beneficial for antioxidant protection and could be used as a chemoprevention strategy against oxidative insults in farmed shrimp.

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